



The IB-Stim Process

IB-Stim is a non-surgical device that works by sending gentle electrical impulses into cranial nerve bundles located in the ear. This stimulation targets brain areas that process pain and helps reduce functional abdominal pain associated with Irritable Bowel Syndrome.

IB-Stim is a 5-day (120 hours) treatment typically worn for 3 consecutive weeks. Your healthcare provider will discuss your specific treatment plan. Go to www.ibstim.com for frequently asked questions and more information.

Does insurance cover my IB-Stim device?

The level of coverage for the IB-Stim device will depend on the rules of your specific insurance policy. If you have questions regarding insurance or coverage, you may work with your healthcare provider or contact the [IB-Stim Guidance and Patient Support](#) (GPS) team.

The IB-Stim GPS team is committed to adolescents who have been diagnosed with Functional Abdominal Pain associated with Irritable Bowel Syndrome and can help you and your healthcare provider better understand your insurance coverage and financial assistance options.

Things you can do while wearing IB-Stim device

- ✓ Attend school and extracurricular activities.
- ✓ Exercise or play non-contact sports. Use a towel to wipe away any excessive sweat around device.
- ✓ Shower and wash hair, using a dry washcloth or plastic cup to cover device
- ✓ Follow your healthcare provider's instructions to remove your device after 5 days.
- ✓ Reinforce the leads with provided supplies if necessary. Take a photo immediately following placement so you can see where all leads need to be.
- ✓ Wear earbuds or headphones.
- ✓ Travel. You can pass through a TSA checkpoint using the Patient Information Card which will be provided.

Things you should avoid while wearing IB-Stim device

- ✗ Do not wear metal earrings.
- ✗ Do not play high contact sports or wear a helmet. Some contact sports could cause dislodgment of device (helmets, excessive sweating).
- ✗ Do not swim. The device should not be immersed in water. It will not work properly.
- ✗ Do not use a hot tub or sauna.
- ✗ Do not remove the device unless your healthcare provider advised you to remove the device.
- ✗ Do not have an MRI (Magnetic Resonance Imaging) scan while wearing device. IB-Stim must be removed before entering an MRI scanning room.